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## **Psyche's Alchemical Limelight: Reflections on Theatre and Depth Psychology**

Going to the theater is a form of Depth Psychology in the way we are able to witness Psyche's revelation of itself. Since the Egyptians, the Dramatic Arts have provided a way of reflecting upon what was constellating in our psychic reaches and getting played out on the wider cultural stage. Both in the inner and outer theater, we act out the dramas of our complexes and in our dreams, especially, we come face to face with our multiple selves, our cross gendered natures, soulful animals, and the great mystery of our individuality and connectedness to all life. Jung himself found inspiration from Goethe's Faust and used its poetry and plot to infuse the creation of his psychology. Through images and excerpts from plays, ancient and modern, we will gain a glimpse of that great Theatre in the Round that is the Psyche Onstage.

**Connie Romero** is a Jungian analyst in private practice in the New Orleans area. A graduate of the Inter-Regional Society of Jungian Analysts, she is on the teaching faculty of the Florida and New Orleans Jung Seminars, and has a background in theater as an actor and director. Currently, she is the Artistic Director of the Archetypal Theatre Company, a group whose works explore the interface between Depth Psychology and Drama. Her memoir, The Cane is Crying: Notes on Katrina was published in Psychological Perspectives.